



Gluten-Free Items

Meats

BBQ beef, chicken, turkey, pork, ribs

Grilled chicken

Grilled catfish

Pot roast

Sides

J.R.'s BBQ sauce

Brunswick stew

Barbecue beans

Cole slaw

Potato salad

Corn on the cob

Baked sweet potato

Sweet potato casserole

Cucumber salad

Baby carrots

Butter peas

Black beans

Red beans

Rice

Soups

Chili

Vegetable soup